



Enhance Your Health

THERAPEUTIC OFFERINGS

Massage

Relaxation to Deep Tissue, customized to your needs.

30-min	45-min	60-min	90-min	120-min
\$45	\$60	\$75	\$100	-

CranioSacral Therapy

Release whole body tension with gentle touch.

-	-	\$75	\$100	-
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Hot Stone Massage

Melt away tension and stress with a luxurious combination of Swedish massage and heat therapy.

-	-	\$80	\$115	-
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Heated Bamboo Massage

Roll and knead away stress through the use of warmed bamboo sticks at light to deep pressure.

\$50	\$65	\$80	\$115	-
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Fijian Barefoot Massage

Compression and gentle stretching by therapeutic feet to relieve tension.

-	-	\$75	\$100	\$125
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Pre-Natal Massage

Alleviate many of the common discomforts of pregnancy with gentle and relaxing techniques.

\$45	\$60	\$75	\$100	-
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On-site Chair Massage

Offer a unique "touch" to your next corporate, athletic, bridal/wedding event and make it memorable.

Inquire at least two weeks in advance.

SPA OFFERINGS

Deluxe Facial Massage

Escape tension and stress with 30 minutes of massage to the face, scalp and neck with essential oils.

30-min	45-min	60-min	90-min
\$50	-	-	-

Deluxe Hand & Foot Treatment **Feet-only*

Pamper tired feet and hands with a brown sugar scrub, massage with essential oils and heat therapy.

\$50*	\$65	-	-
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Duet Massage

Enjoy the benefits of a relaxing massage together, with side-by-side massages in a private space.

-	\$130	\$160	\$210
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Dry Brush Treatment

Promote healing and relaxation with an invigorating dry brush treatment. "Add-on" to any massage.

\$20 / 15-min "Add-on" to any massage.

REIKI OFFERINGS

Reiki Session

A healing energy technique, Reiki works to restore balance and harmony to your mind and body.

30-min	45-min	60-min	90-min
-	\$60	-	-

Reiki and Massage Blend

A combination of your favorite massage technique and energy healing.

-	-	\$75	\$100
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MASSAGE PACKAGES

General Massage 5 Package

Treat yourself to multiple massages and save with bulk pricing.

30-min	45-min	60-min	90-min
\$215	\$285	\$355	\$475

Hot Stone* and Heated Bamboo 5 Package

**Hot Stone 5 package can only be purchased in a 60 or 90-min session.*

\$235	\$305	\$380	\$545
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